

## ENT EDUCATION COURSE

**Faculty:** Mr. Aaron Trinidad (ENT Surgeon, Southend)  
Mr. Eamon Shamil (ENT Surgeon, Harlow)

[08:30] Registration  
[09:00] Welcome

### *Session 1 – Dizziness & Vertigo*

[09:05] Terminology: dizziness, vertigo & imbalance  
[09:15] Benign paroxysmal positional vertigo (BPPV)  
[09:30] **DEMO 1:** BPPV management – Dix-Hallpike and Epley manoeuvres  
**DEMO 2:** Testing for peripheral proprioception – forks  
[10:00] Labyrinthitis, vestibular neuronitis & vestibular failure  
[10:15] Ménière's disease  
[10:30] Vestibular migraine  
  
[10:45] COFFEE

### *Session 2 - Otology*

[11:00] Otitis externa – acute, chronic, eczematous and necrotising  
[11:15] Acute otitis media  
[11:30] Chronic otitis media – from perforated ear drums to cholesteatoma  
[11:45] Otagia  
[12:00] Sudden sensorineural hearing loss  
  
[12:15] LUNCH

### *Session 3 - Rhinology*

[13:15] The blocked nose – how to assess and manage  
[13:30] Acute rhinosinusitis  
[13:45] Chronic rhinosinusitis  
[14:00] Epistaxis  
[14:15] Septal deviation  
[14:30] Periorbital cellulitis  
  
[14:45] COFFEE

### *Session 4 – Head & neck, paediatric ENT and everything else*

[15:00] When to refer to ENT as a 2WW  
[15:15] The thyroid mass  
[15:30] Adenotonsillectomy – why and when?  
[15:45] OSA in adults  
[16:00] That vexing Eustachian tube and other ear potpourri  
[16:15] Bell's palsy – how to manage and when to refer  
[16:30] ENT bingo!  
[16:50] Open discussion – your cases discussed, and questions answered  
[17:30] Close