

ENT EDUCATION COURSE

Faculty: Mr. Aaron Trinidad (ENT Surgeon, Southend)
Mr. Eamon Shamil (ENT Surgeon, Harlow)

[08:30] Registration
[09:00] Welcome

Session 1 – Dizziness & Vertigo

[09:05] Terminology: dizziness, vertigo & imbalance
[09:15] Benign paroxysmal positional vertigo (BPPV)
[09:30] **DEMO 1:** BPPV management – Dix-Hallpike and Epley manoeuvres
DEMO 2: Testing for peripheral proprioception – forks
[10:00] Labyrinthitis, vestibular neuronitis & vestibular failure
[10:15] Ménière's disease
[10:30] Vestibular migraine

[10:45] COFFEE

Session 2 - Otology

[11:00] Otitis externa – acute, chronic, eczematous and necrotising
[11:15] Acute otitis media
[11:30] Chronic otitis media – from perforated ear drums to cholesteatoma
[11:45] Oitalgia
[12:00] Sudden sensorineural hearing loss

[12:15] LUNCH

Session 3 - Rhinology

[13:15] The blocked nose – how to assess and manage
[13:30] Acute rhinosinusitis
[13:45] Chronic rhinosinusitis
[14:00] Epistaxis
[14:15] Septal deviation
[14:30] Periorbital cellulitis

[14:45] COFFEE

Session 4 – Head & neck, paediatric ENT and everything else

[15:00] When to refer to ENT as a 2WW
[15:15] The thyroid mass
[15:30] Adenotonsillectomy – why and when?
[15:45] OSA in adults
[16:00] That vexing Eustachian tube and other ear potpourri
[16:15] Bell's palsy – how to manage and when to refer
[16:30] ENT bingo!
[16:50] Open discussion – your cases discussed, and questions answered
[17:30] Close